Climate Change Worsens Allergies — BE READY
WORLD ALLERGY WEEK 2023, 18-24 JUNE
www.WorldAllergyWeek.org

Climate change is global, affecting everyone.
Earth is a system where everything is connected. Changes in one area can influence changes in all others.

What are some effects of climate change?
rising temperatures • warming oceans • rising sea levels • accelerated melting of glaciers • intense droughts • increased air pollution • water scarcity • earlier and more intense pollen seasons • severe fires • flooding • catastrophic storms • declining biodiversity

How do climate change and allergies relate?
People with allergies and asthma are susceptible to these effects of climate change.
Changes in climate can trigger asthma and allergy symptoms and make them worse.
Breathing can become more difficult.

We need healthy environments in order to be healthy.
If our environments become inhabitable, we will have trouble staying healthy.
Improving air quality will decrease respiratory allergy suffering.
Biodiversity protects us; by protecting and expanding biodiversity, we protect our bodies.
Mitigating the effects of global warming can help prevent new or worsening allergies and symptoms.
Learning and understanding the relationship between nature and people can improve health for all.

What can specialists such as allergy/clinical immunology physicians do?
Help their patients:
• understand how climate change impacts health
• identify symptom triggers
• find the best treatments
• prevent worsening of symptoms
• maintain quality of life amidst changes in environment

Advocate for healthy, habitable environments.